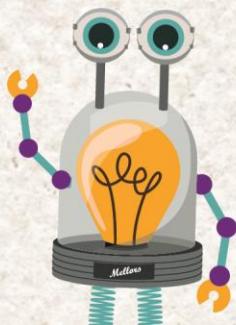


WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT MAIN DISH	Chicken & tomato pasta with crusty bread	Beef burger in a soft bap with wedges	Roast gammon with pineapple and roast potatoes	Chicken curry with 50/50 rice	Battered fish with chips
VEGETARIAN MAIN DISH	Vegetable curry & rice	Vegetarian meatballs in a tomato sauce with crusty bread	Vegetable hot pot with roast potatoes	Margarita pizza & oven baked wedges	Quorn nuggets with chips
ACCOMPANIMENTS	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
DESSERTS	Rice pudding with preserve	Lemon drizzle cake	Ice cream with fruit cocktail	Pear & chocolate sponge with custard	Oaty biscuit
FRESH FRUIT & YOGHURT	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt
JACKET POTATO & FILLING SANDWICH SELECTION	Jacket potato with beans, cheese & tuna Ham, cheese, tuna, egg	Jacket potato with beans, cheese & tuna Ham, cheese, tuna, egg	Jacket potato with beans, cheese & tuna Ham, cheese, tuna, egg	Jacket potato with beans, cheese & tuna Ham, cheese, tuna, egg	Jacket potato with beans, cheese & tuna Ham, cheese, tuna, egg



MENU



Fuel your afternoon with
a healthy school lunch
from Mellors



- 1 OF YOUR 5 A DAY



- HEALTHY OPTION