

Physical Education at Ormesby Primary School

At Ormesby Primary School, we have worked hard to develop our Physical Education through curriculum time and extra-curricular activities. A wide range of P.E. is delivered, which aims to engage and inspire all pupils. Varieties of sports are taught, both during the school day, and as extra-curricular clubs. Opportunities include football, netball, basketball hockey, cricket, dance including ZUMBA, tag rugby, multi-skills, cross-country and active fun club. Furthermore, funds are used to employ Sports Coaches to work alongside teachers from Year 1 to Year 6 for a range of sports.

Continued Professional Development

We are keen to develop our staff at Ormesby Primary. All staff are given the opportunity to shadow specialist sports coaches. This expertise is used across the school to up-skill teachers in areas/sports they lack confidence teaching. In addition, they are offered and encouraged to partake in CPD. The PLT and leaders from the School Sports Partnership are invited to work with staff during staff meetings, to offer additional support and expertise.

Extra-curricular Activities

The school is keen to provide a wide range of extra-curricular clubs for pupils throughout the year. Our teaching staff voluntarily run some of these clubs. We have also employed a number of specialist coaches to offer a broader range of clubs. Pupils enjoy the opportunity to work with different teachers and coaches. The children are given the opportunity to voice their opinion on which after school clubs are delivered in school.

Competition

We enter a wide range of competitions throughout the year, during which we compete against our partnership schools and if successful, the children are entered into county competitions. Once children have participated in a competition, their performance is reflected upon by the teacher in attendance and all children are provided with a certificate and a photograph review as a momentum. Furthermore, our school House System is used to provide team competitions such as Inter-House Netball, Football and Rounders. Both KS1 and KS2 enjoy participating in Inter-House competitions.

As a school we take part in two clusters, one is the Nunthorpe Cluster and the other is the Ironstone Academy Trust. Festivals range from; Swimming Gala's, Netball, Rounders, Athletics, Kwik Cricket and Football. This year the Year 3/4 Athletics team

won the Ironstone Academy Trust's Athletics festival. This was a magnificent achievement and was celebrated in whole school assembly. We also hosted the Makin Cup (regional Football competition), where 8 local schools participated.

Sports Leaders

In Year 5, we deliver a Sports Leadership programme. At the end of Y4, children are chosen to receive training in how to be a successful play leader. This is undertaken in the Autumn Term. The pupils work with a 'lead adult' to provide games and structured activities during playtimes and dinnertimes. This is an engaging project for all pupils. The Sports Leaders also assist in the running and organising of inter/intra school competitions.

Participation

Annually, we monitor participation and check uptake against gender, SEND and free school meals. Children whose participation is highlighted as a cause for concern are targeted and encouraged to attend an after school club. As a reward for participating in P.E, encouraging their friends to join in and representing the school in other sporting activities, we have introduced the 'Sports Personality of the Year' award. One child from each class is chosen by their teacher to receive this award. This was introduced to celebrate the achievements of the children who have tried hard during the school year and have demonstrated a positive attitude. This year Ormesby was visited by Jenny Wallwork, who is a Team GB Badminton Player and is ranked 5th in the world. The whole school joined Jenny in circuit training and finished with a question and answer session. This event coincided with our 'Active week', where every children participated in circuit training and Sports Day.

Partnership Work

Our school is part of the Nunthorpe Cluster, a group of four primary schools and one secondary school, which meet each term to plan competitions for the children and share good practice. We have found this beneficial, as it has given our children the opportunity to participate regularly in Inter-School competitions, and use the wider range of resources, which the secondary school in the cluster is able to offer. There are a wide range of competitions, which allow all children to compete. For example, we hold annual mini-school games for each year group. In the Cluster, we share assessment and planning documents and resources.

We are also part of the Ironstone Academy Trust, comprising of six schools. During the school year we hold six sporting events for different year groups at each school.

Whilst healthy competition is encouraged, it is also about being part of a bigger sporting family.

At the end of the academic year, we can apply for the 'School Games Mark Award'. This is an award varying from 'Bronze', 'Silver', 'Gold' or 'Platinum'. This Year Ormesby Primary has received a 'Gold' award. As a school we had to show how many of our pupils have participated in Physical activities over the school year, how many children have represented the school at tournaments (inter-house or at different schools) and also how many of the pupils have enjoyed the variety of after school clubs that have been offered to the children.

Healthy Schools

Our school has achieved Healthy School (Enhanced Model) status, with our key focus being obesity. We targeted this through promoting healthy eating and improving participation in structured physical activities for those children who are not currently hitting 3hours + of weekly physical activity.

Report on Swimming

In our 2019 Year 6 cohort there were 54 children. 43 children were able to swim at least 25 metres (80% of the cohort). 32 children were able to use 2 strokes confidently (59% of the cohort). 30 children achieved the Safety in Water certificate (56% of the cohort).